Travel Health and Safety Information

The Center for Disease Control (CDC) provides detailed health and travel vaccination Information for travelers to South Africa. The U.S. Department of State provides country-specific information about safety and security for South Africa. Below are links and information for these web sites and information about local immunizations:

- **Center for Disease Control (CDC)**: http://wwwnc.cdc.gov/travel/destinations/traveler/none/south-africa?s_cid=ncezid-dgmq-travel-single-001.   Contact CDC with questions by telephone at 1 800-232-4636.
- **U.S. Department of State**: http://travel.state.gov/content/passports/english/country/south-africa.html.
- **Immunizations in San Diego County**: The County of San Diego Public Health Centers does not provide free or low cost vaccines needed for travel. Information travel vaccines and immunizations in San Diego County can be found at http://www.sdiz.org/
- **Health Care Provider**: Contact your health care provider to determine which immunizations are appropriate. Find out if your doctor provides immunizations and how much immunizations cost. Travel immunizations are not a covered expense by many health insurance providers. However, some health insurance providers report that travel immunizations are a covered benefit with a member's typical co-payment.